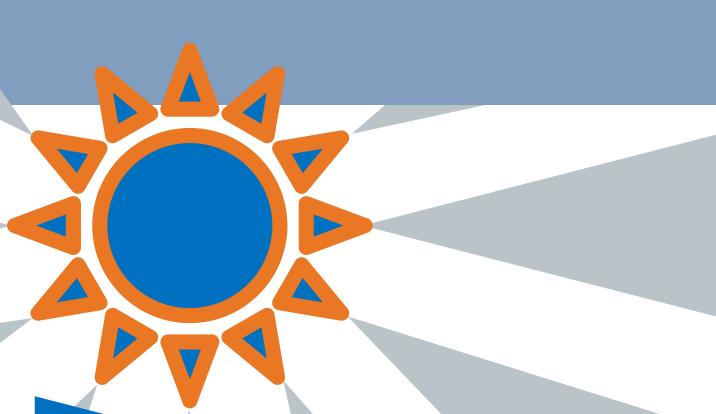
Guidelines for CreatingPositive Affirmations



State in the positive.

Frame in the present tense.

Keep it short.

Make it actionoriented.

Infuse emotion.

Start with "I am."

Relate to your goals.

Learn more at:

Trustworthy Selling

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